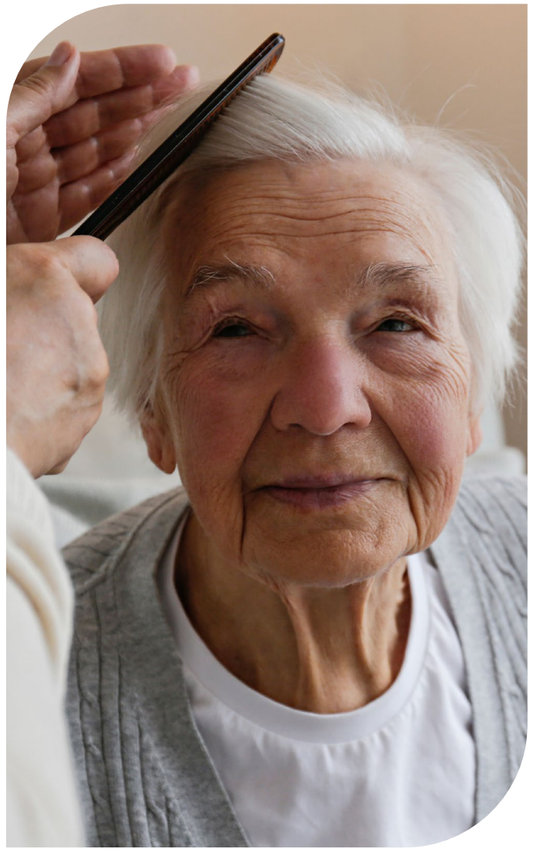
THE MAYFIELDS
CARE HOME

A Castlemeadow Care Home

The care is in the detail









About The Mayfields

There's something very special about The Mayfields

Welcome to The Mayfields. You'll find us in Long Stratton, surrounded by open fields, our modern, thoughtfully designed home was built in 2012 and refurbished in 2021, with care and comfort at its heart. We offer 60 comfortable ensuite bedrooms and a lovely mix of social and quiet spaces. Whether it's a chat in the coffee shop, a peaceful afternoon in the garden or a film in the lounge, there's always somewhere to feel at home.

There's a sense of continuity here - familiar faces, familiar rhythms, and an atmosphere that allows people to relax into everyday life. It's not about doing more, but about doing things in a way that feels kind, steady and reassuring.

Our Care Philosophy

At The Mayfields, care starts with listening and really getting to know the person.

We take time to understand each resident's routines, preferences and the small details that help them feel comfortable and confident. That understanding shapes how support is offered, so care feels natural, respectful and never rushed.

Independence is encouraged wherever possible, with reassurance and support close by whenever it's needed. Whether someone is staying for a short time or making The Mayfields their home, our focus is on providing care that feels calm, personal and shaped around the individual.



Our Care Services

Everyone's needs are different, and at The Mayfields, we tailor our care to match.
We provide three main types of care here:

Residential Care (Primrose Wing)

For those who would like everyday support in a comfortable, friendly home. Residents enjoy light, spacious ensuite bedrooms and welcoming lounges, with care on hand whenever it's needed.

Short-Stay and Respite Care

If you or your loved one need temporary support – perhaps after a hospital stay, or while family carers take a break, our short stays are an ideal option. You'll receive the same care, meals and activities as our long-term residents, with flexibility and a gentle welcome from the moment you arrive.

Residential Dementia Care (Bluebell Wing)

Our first-floor Bluebell Wing offers a calm, reassuring environment for people living with dementia. Bedrooms are ensuite and designed to feel personal and familiar, with clear signage and easy access to inviting lounge areas. Our compassionate team focus on understanding each person and creating a sense of comfort, safety and belonging.

Whether you're looking for support for yourself or someone you love, we'll take the time to listen, understand and shape care around what truly matters.





Life at The Mayfields

Life here is about enjoying each day, your way

What people often notice first is the atmosphere – that lovely mix of calm, companionship, and easy conversation. New residents settle quickly because it feels like a place where you can simply be yourself. There's always someone nearby for a chat, yet plenty of quiet corners for those softer moments in the day. It's homely, steady, and reassuring.

There are plenty of shared spaces to enjoy - bright lounges, peaceful corners and a coffee shop where residents and visitors often gather for tea, cake and conversation. The gardens are well-kept and full of life, with raised flowerbeds and outdoor seating for sunny afternoons.

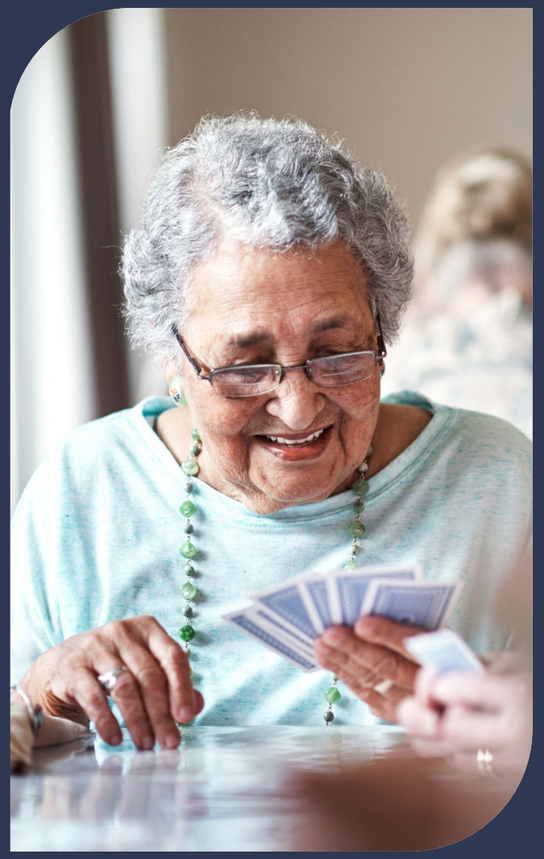




We're part of the Long Stratton community, and local groups often visit to sing, chat or join us for events. Whether it's a baking morning, a quiz or a film night, there's always something happening - but never any pressure to take part.

We want residents to feel relaxed, respected and free to choose how they spend their time. It's home, just with a little extra help on hand.

"Mum settled in so quickly – everyone made her feel welcome, and now she calls it home."







Activities and Wellbeing

We believe happiness comes from the little things - a good laugh with friends, a singalong in the lounge, the smell of fresh cake from the kitchen.

Our dedicated wellbeing team plan a variety of sessions each week, tailored around what residents enjoy. From gardening and crafts to music, gentle exercise and reminiscence activities, there's something for every mood and ability.

For those who prefer quieter moments, we offer one-to-one time, reading groups or simply companionship over a cup of tea. Local volunteers and schoolchildren often pop in too, filling the home with warmth and energy.

Wellbeing is woven through everything we do – it's about keeping the mind active, the body moving and the spirit lifted. Alongside activities and companionship, familiar routines like visits from our hairdresser help residents feel comfortable, confident and like themselves. Every day brings new opportunities for connection, comfort and joy.

Accommodation

Comfort starts with the little things - a favourite chair by the window, fresh flowers on the bedside table, the sound of gentle chatter from the lounge.

Each of our 60 bedrooms is light, comfortable and fully ensuite, with room for treasured belongings that make it feel like you. You're welcome to bring personal touches - photos, ornaments, or soft furnishings - so your space feels familiar from the start.

"The rooms are absolutely lovely"

On the Primrose Wing (ground floor), rooms are set close to lounges and the gardens, making it easy to enjoy the outdoors. On the Bluebell Wing (first floor), bedrooms are calm and welcoming, thoughtfully designed for residents living with dementia.

Whether you're here for a short stay or a permanent move, you'll find comfort, privacy and everything you need to feel at home.

Our layout brings everyone together as a community, while still ensuring each person lives in the area best suited to their care needs.



Food and Dining

Mealtimes are a real highlight here – full of flavour, choice and those lovely conversations that often carry on long after the plates are cleared.

Our talented kitchen team prepares fresh, home-cooked meals every day, using quality ingredients and catering to a wide range of tastes and dietary needs. Whether someone has specific requirements, a favourite dish from home or simply prefers smaller portions, our team adapts to what works for each person. There's always plenty to choose from too – from traditional favourites to lighter options, and something sweet for those who enjoy dessert.

Meals can be enjoyed in our bright dining rooms or in your own room if you prefer a quieter setting. Families are welcome to join too – sharing a meal often feels like the most natural way to stay connected.

Residents often tell us they look forward to the home baking that fills the house with that unmistakable "just like home" smell.

We believe good food is about more than nutrition – it's comfort, community and care on a plate.

"The meals are lovely – just like home cooking, and there's always time for a chat over dessert."



Proud to be a veteran-friendly care home

In June 2025, The Mayfields were proud to be recognised as a Veteran Friendly Care Home, reflecting our ongoing commitment to supporting those who have served in the Armed Forces and their families.

This accreditation recognises the care, understanding and respect we show to members of the Armed Forces community. It acknowledges the steps we take to ensure veterans feel recognised, supported and truly at home, with care that reflects their individual experiences and needs.

Our commitment to the Armed Forces Covenant is woven into everyday life at The Mayfields. From taking time to understand military backgrounds to creating a culture of respect, dignity and belonging, our team works thoughtfully to provide care that feels personal and reassuring.

Being awarded Veteran Friendly status is a moment of real pride for our home and our team. It recognises the care we already provide and reinforces our promise to continue learning, improving and offering the very best support to veterans and their loved ones, now and in the years to come.

Visiting and Family Life

Family and friendship are at the centre of life here

We welcome visitors any day of the week, and we encourage families to treat The Mayfields as an extension of home. There's always a comfortable spot for a chat - in the garden, the coffee shop or one of our lounges - and a warm welcome waiting when you arrive.

We love involving families in our events too, from coffee mornings and garden parties to music afternoons and celebrations. There's always something to look forward to together.

If you live further away, we can help keep you connected through phone or video calls, updates and shared photos. Staying close matters, and we'll do all we can to make that easy.

"When I visit mum, I can see she's relaxed and happy. The team are wonderful - they really care."



We'd love to meet you

And the best way to get a feel for The Mayfields is simply to come and see us for yourself. We'll introduce you to our team and residents, answer your questions and settle in with a friendly cup of tea.

Your first visit

When you come to see us, we'll take things at your pace.

You can:
- Meet the team
- Explore the home and garden
- Sit in on an activity if you'd like
- Chat about care needs and next steps

No pressure. No rush. Just space to get a genuine feel for life here.

"From the first visit, I felt at ease. Everyone was kind, open and genuine - it just felt right."

The Local Area

The Mayfields sits right at the heart of everyday life in Long Stratton, making things feel easy and reassuring from the moment you arrive. Just across from our driveway you'll find the local GP surgery and pharmacy, offering peace of mind and the comfort of knowing support is close by whenever it's needed. A gentle walk takes you to the Co-op and the library, perfect for popping out and keeping familiar routines going.

The town centre itself has a lovely, welcoming feel. Independent shops, cosy bakeries, traditional butchers and friendly pubs all add to the sense of community around The Mayfields - the kind of place where people smile, say hello and make you feel at home.

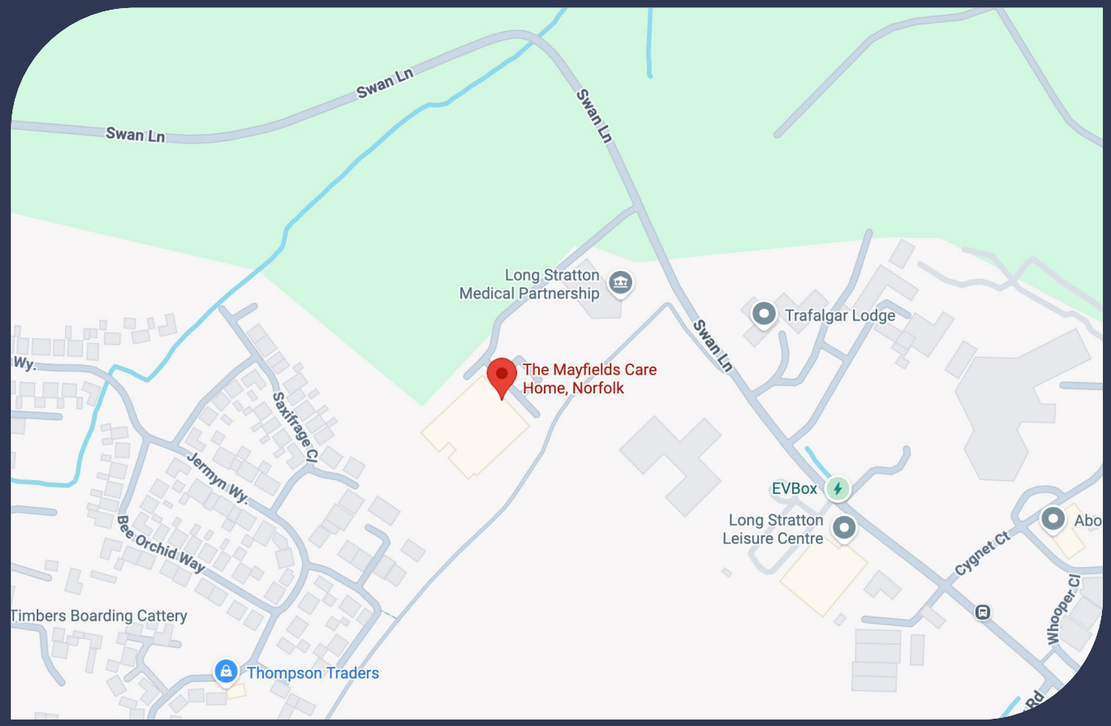
Getting out and about is simple too. Regular bus services run through Long Stratton, with a stop right at the end of our driveway. And if extra help is ever needed, we're always happy to support with transport arrangements, making sure journeys feel comfortable, relaxed and well looked after from door to door.

Find out more

Choosing the right home is one of the biggest decisions a family can make, and it's something we take to heart. We always encourage people to visit, ask questions and trust how the place makes them feel.

Have a wander through the gardens, the bedrooms and the little touches that make it feel like home. We'll happily show you around, talk through fees and care arrangements, and give you space to think everything over. There's never any rush – just real support from people who understand what this journey can feel like.





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Creating Communities Filled With Special Moments

Contact us

If you're exploring care for yourself or someone you love, call us on **01508 535500** and we'll arrange a visit at a time that suits you.

The Mayfields

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