



HIGHFIELD
HOUSE
CARE HOME

A Castlemeadow Care Home

The care is in the detail





About Highfield House

There's something very special about Highfield House

Highfield House has a gentle, comforting feel from the moment you arrive. Set within a beautiful Georgian house surrounded by landscaped gardens, the home has a natural warmth that puts people at ease. Sunlit lounges, peaceful spots for reading or resting, and a team who greet you like an old friend all add to that sense of being somewhere familiar and welcoming.

On a quiet afternoon, there's often the sound of gentle conversation from the lounges, or the sight of someone sitting in the garden, warm drink in hand and perfectly content. We're tucked away in the heart of Halesworth – a friendly Suffolk town with a strong community spirit – and just a short drive from the seaside at Southwold. Inside, the

home feels calm and thoughtfully arranged, with communal spaces that draw people together and 35 spacious bedrooms that are easy to personalise with your own belongings and memories. It really does feel like a home away from home – familiar, comfortable, and shaped around the people who live here.

Highfield House is shaped by years of experience caring for older people. The same values run quietly through daily life here - compassion, consistency and genuine warmth - showing up in the small details that matter most. Familiar routines are respected. Personal choices are honoured. And beloved pets are welcomed as part of the family.



Our Care Philosophy

We believe the best care starts with really knowing the person. Not just what support they need, but what helps them feel like themselves.

So we take time to understand each resident properly – their story, the things that bring comfort, the routines that matter, and what makes them smile. It's a gentle, respectful approach that helps people feel recognised and reassured, and it allows our team to provide care that feels natural, respectful and kind.





Our Care Services

Everyone's needs are different, and at Highfield House, we tailor our care to match. We provide three main types of care here:

Residential Care

For those who would like everyday support in a comfortable, friendly home. Residents enjoy light, spacious ensuite bedrooms and welcoming lounges, with care close by whenever it's needed.

Short-Stay and Respite Care

If you or your loved one need temporary support – perhaps after an illness, or while family carers take a break, our short stays are an ideal option. You'll receive the same care, meals and activities as our long-term residents, with flexibility and a gentle welcome from the moment you arrive.

Residential Dementia Care

For residents living with dementia, our approach is calm, patient and centred on connection. The environment is designed to feel familiar and manageable, with clear layouts, gentle cues and comfortable spaces that encourage confidence. Our team take the time to understand each resident's life story, helping them feel safe, recognised and at ease.

Whether you're looking for support for yourself or someone you love, we'll take the time to listen, understand and shape care around what truly matters.



Life at Highfield House

Life here has a comfortable, familiar rhythm

Life here has a comfortable, familiar rhythm. Some days are lively with puzzles, music or visiting groups; other days are quieter, with soft conversation, gentle routines and time spent in the communal gardens. Residents can dip in and out of activities as they please – there's never any pressure, only choice.

Our lounges are bright and relaxed, the dining room always smells of good home cooking, and the gardens are a favourite spot for fresh air and friendly chats. It's the sort of home where people naturally look out for one another, and where new residents settle in sooner than they expect.

"Mum settled in so quickly – everyone made her feel welcome, and now she calls it home."



We're closely connected with the Halesworth community too. Local choirs, craft groups and volunteers often pop in to spend time with residents, adding variety and familiarity to the week. And for a little everyday pampering, our on-site hair salon is always a popular stop – a trim, a tidy-up or simply feeling like yourself again can lift the whole day.

And because Highfield House is pet-friendly, you'll often see the simple comfort that animals bring – a familiar paw on the bed, a gentle nudge at the ankle, a quiet companion by someone's side. Sometimes that kind of reassurance speaks louder than words.

We want each person to feel respected, comfortable and able to spend their day in the way that suits them best. Highfield House is a place where everyday life feels steady, warm and reassuring.





Activities and Wellbeing

We believe happiness comes from the little things - a good laugh with friends, a singalong in the lounge, the smell of fresh cake from the kitchen.

Our dedicated wellbeing team plan a variety of sessions each week, tailored around what residents enjoy. From gardening and crafts to music, gentle exercise and reminiscence activities, there's something for every mood and ability.

For those who prefer quieter moments, we offer one-to-one time, reading groups or simply

companionship over a cup of tea. Local volunteers and schoolchildren often pop in too, filling the home with warmth and energy.

Wellbeing is woven through everything we do - it's about keeping the mind active, the body moving and the spirit lifted. Alongside activities and companionship, familiar routines like visits from our hairdresser help residents feel comfortable, confident and like themselves. Every day brings new opportunities for connection, comfort and joy.



Accommodation

A bedroom should feel like a sanctuary, and that's exactly how we've shaped ours.

All 35 rooms are spacious, fully furnished and fully ensuite, giving each resident comfort, privacy and a sense of their own space. Natural light, practical layouts and room for a cosy seating area help every room feel calm and settled from the moment you walk in.

We actively encourage residents to bring their own furniture, photographs and treasured belongings - those familiar touches that turn a room into home. Every room includes TV and phone points, WiFi for staying connected, and a nurse call system for reassurance day or night.

"The rooms are absolutely lovely"

Some rooms look out onto the gardens or offer easy access to outdoor areas, making fresh air and quiet moments part of the daily rhythm. Being close to the lounges means it's simple to join in with conversation, activities or a friendly chat whenever it feels right.

Whether you're staying with us for a short period or making a more permanent move, you'll have warmth, comfort and the steady reassurance of support close by whenever you need it.

Our layout brings everyone together as a community, while still ensuring each person lives in the area best suited to their care needs.





Food and Dining

Mealtimes are a real highlight here – full of flavour, choice and those lovely conversations that often carry on long after the plates are cleared.

Our talented kitchen team prepares fresh, home-cooked meals every day, using quality ingredients and catering to a wide range of tastes and dietary needs. Whether someone has specific requirements, a favourite dish from home or simply prefers smaller portions, our team adapts to what works for each person. There's always plenty to choose from too – from traditional favourites to lighter options, and something sweet for those who enjoy dessert.

“The meals are lovely – just like home cooking, and there’s always time for a chat over dessert.”



Visiting and Family Life

Family and friendship are at the centre of life here

We welcome visitors any day of the week, and we encourage families to treat Highfield House as an extension of home. There's always a comfortable spot for a chat - in the garden, the café-bar or one of our lounges - and a warm welcome waiting when you arrive.

We love involving families in our events too, from coffee mornings and garden parties to music afternoons and celebrations. There's always something to look forward to together.

If you live further away, we can help keep you connected through phone or video calls, updates and shared photos. Staying close matters, and we'll do all we can to make that easy.

“When I visit mum, I can see she’s relaxed and happy. The team are wonderful - they really care.”





We'd love to meet you

And the best way to get a feel for Highfield House is simply to come and see us for yourself. We'll introduce you to our team and residents, answer your questions and settle in with a friendly cup of tea.



Your first visit

When you come to see us, we'll take things at your pace.

You can:

- Meet the team
- Explore the home and garden
- Sit in on an activity if you'd like
- Chat about care needs and next steps

No pressure. No rush. Just space to get a genuine feel for life here.

"From the first visit, I felt at ease. Everyone was kind, open and genuine - it just felt right."



The Local Area

Highfield House is a beautifully proportioned Georgian home, surrounded by landscaped gardens that invite you to slow down and take in the world around you. From leafy views to the changing seasons, it's a place where days feel calm and settled.

The charming seaside town of Southwold is just nine miles away, offering a lovely destination for days out with family or friends.

Highfield House is located in the heart of Halesworth, a welcoming market town known for

its pedestrian-friendly Thoroughfare. Independent shops, cafés, local businesses and historic inns line the street, creating a lively yet relaxed place to wander. Nearby, beside the medieval St Mary's Church, the long-standing tradition of market day continues to thrive.

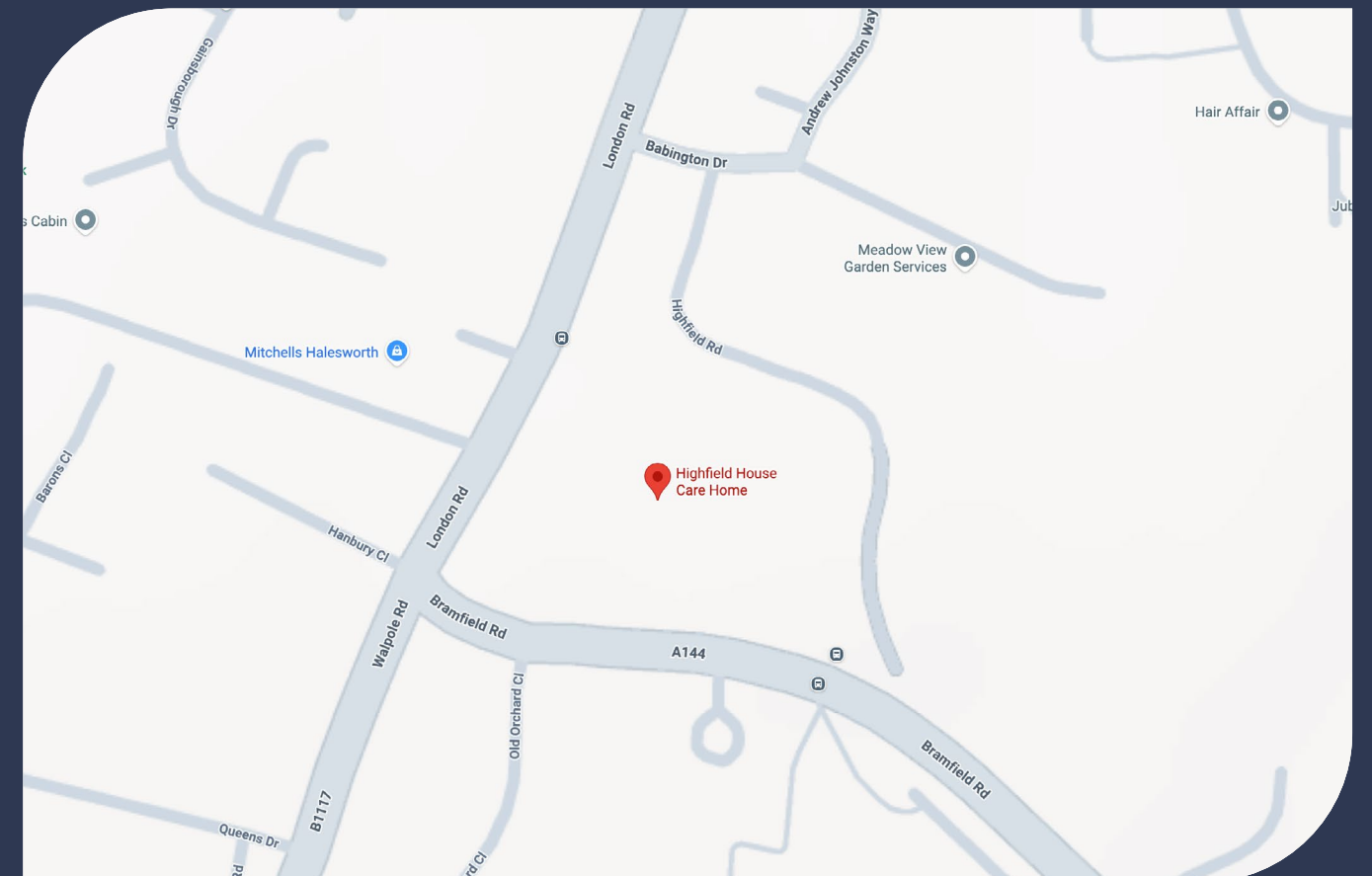
A local bus route, just a three-minute walk from the home, makes exploring the area simple. And if needed, we're always happy to help arrange transport right to our door, ensuring every journey feels comfortable and well supported.



Find out more

Choosing the right home is one of the biggest decisions a family can make, and it's something we take to heart. We always encourage people to visit, ask questions and trust how the place makes them feel.

Have a wander through the gardens, the bedrooms and the little touches that make it feel like home. We'll happily show you around, talk through fees and care arrangements, and give you space to think everything over. There's never any rush – just real support from people who understand what this journey can feel like.



What3words: playroom // louder // ownership



HIGHFIELD
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CARE HOME

A Castlemeadow Care Home

Creating Communities Filled With Special Moments



Contact us

If you're exploring care for yourself or someone you love, call us on **01986 872125** and we'll arrange a visit at a time that suits you.

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